



April 5, 2010

## April

### What to Expect and When to be Concerned



This interactive seminar will provide an overview of the red flags for developmental delays in young children, how to share developmental concerns with families, and local referral resources. Attendees will receive useful information describing typical child development and red flags for atypical development and other resource information. (CICC)

**Monday, April 26**

**6:30 – 8:30 PM**

**Cost:** \$17.00

**Giese Memorial Library**, 26855 Forest Boulevard, Wyoming, MN 55092

## May

### Supporting Minnesota's "Suddenly Military" Children and Families During Deployments and Reunions and Impact of Grief, Loss, and Trauma on Children and Youth

Learn about the unique needs of children and families who are experiencing a military deployment. The stages of deployment and reunions will be outlined alongside the related effects on children. Tips and techniques to assist the children who are dealing with a separation will also be shared.

Identify the unique issues impacting National Guard and Reserve families, particularly children and youth. This seminar offers an understanding of loss and trauma and the potential academic and behavioral changes related to these experiences. Participants will also gain strategies to support these children and youth. Resources also provided.

**Saturday, May 1**

**9:00 AM – 12:00 PM**

**VFW Post 4210**, 556-12<sup>th</sup> St., Forest Lake, MN 55025

**Cost:** \$25.50 in advance (4/22 – 4/29 cost is \$35.50)

Couples: \$45 in advance (4/22 – 4/29 cost is \$64.00)

**SEMINARS ARE POSTED AT [WWW.PLA-INC.ORG](http://WWW.PLA-INC.ORG). PLEASE VISIT FREQUENTLY FOR UPDATES.**

## Program Services

**Consulting** If you prefer a personalized session (or need training in a hurry), consider on-site consulting. The session content is determined by you. Day and evening times available. Maximum group size is three. Call or email for details.

**CDA Advisor/Reviewer** If you are ready for your observation or renewal report, contact us to schedule an appointment.

**Seminars on the Road** Host a seminar in your home, center, or a nearby library or restaurant. Customize the topics for your needs. Choose the date and time that suits you. Invite staff, parents, helpers, substitutes, etc. This is an excellent option for community family child care organizations. Minimum group size: dependent upon location. Call for details.

**CPR and First Aid Seminars on the Road** Schedule your own! No need to wait for us to put it on the calendar. Join us for your initial certification or re-certification. Select from: Adult or Pediatric CPR, AED (automated external defibrillator), and First Aid. Gather your colleagues, family, friends, and neighbors for a day or evening session. Call for pricing options. (Suitable for Rule 2 and 3 child care professionals.) *Currently available only in the seven county metro area.*

**40-Hour PITC Caregiver Certification Cohort** Interested in joining a cohort to learn more about infants and toddlers? Gather with others for a comprehensive study of children age birth to 5 years. We will meet over several weeks at a convenient location. A minimum of ten is needed to hold this series, which is based on materials from the Program for Infant Toddler Caregivers. Upon completion, participants will receive a certificate for 40 hours; all 40 hours are acceptable for licensing and grants. Call or email for pricing and scheduling options. *Currently available only in the seven county twin cities area.*

## Other Opportunities

*If you have submissions for this category or ETC., please email [info@pla-inc.org](mailto:info@pla-inc.org).*

(Download flyers for the following opportunities at [www.pla-inc.org](http://www.pla-inc.org).)

## Energy Drinks: The Other Six-Pack

Learn the serious effects of energy drinks, caffeine intake, and mixing drinks with alcohol, dextromethorphan, and Nicoderm patches or gum. Richard Moldenhauer, MS, LADC, ICADC, LPC.

**Wednesday, April 14**

**12:00 PM – 2:00 PM OR 4:00 – 6:00 PM**

**Century College**

3300 Century Ave. N. (Lincoln Mall/East Campus)

White Bear Lake, MN 55110

There is no cost but registration is required:  
<http://www.surveymonkey.com/s/P7Q5T39> or  
651.773.1798.

## Why Gender Matters: What Educators Need to Know About the Emerging Science of Sex Differences

The event intends to promote understanding of the differences in the ways boys and girls learn and to consider how such insights can be incorporated in our homes and schools. Bullying, apathy, indifference, and hapless behavior may not apply to your or yours, but these are now a national epidemic and menace. Leonard Sax, M.D., Ph.D. addresses these and offers constructive insights and remedies for concerned people.

**Saturday, April 17**

**8:00 AM – 4:00 PM**

**St. Andrew's Lutheran Church – Great Hall**

900 Stillwater Road, Mahtomedi, MN 55125

Cost: \$50.00 includes CEUs, lunch, and materials

Register: [www.astonishme.org](http://www.astonishme.org) Qs: 651.430.0361

## What Brain Science Tells us About Raising Successful, Healthy Kids

Based on his new book to be released in Fall 2010, *Parenting with the Brain in Mind: What Brain Science Tells Us About Raising Successful, Healthy Kids*, Dr. Walsh will translate the latest findings from brain science into practical strategies professionals can use in their work with children, teens and families.

**Tuesday, April 27**

**12:30 PM – 4:30 PM**

**Schwan's Center**

1700 105th Avenue N. Blaine, MN Cost: \$25

**Evening Session: 6:30 PM – 8:30 PM**

Cost: Free No registration required.

Registration available now. Visit [www.pla-inc.org](http://www.pla-inc.org) or contact Donna McDonald at 763.422.7047 or [donna.mcdonald@co.anoka.mn.us](mailto:donna.mcdonald@co.anoka.mn.us).

## PLA-INC.ORG

The seminar schedule is updated throughout the month, so be sure to check it often for seminars and events that may have missed the newsletter's publication.

## Etc.

### Awareness Dates:

#### April:

Autism Awareness Month

<http://www.autism-society.org>

<http://www.autismspeaks.org/>

Child Abuse Prevention Month

<http://pcamn.org/index.php>

Month of the Military Child

<http://www.militarychild.org>

National Poetry Month

<http://www.poets.org/>

<http://writersalmanac.publicradio.org/>

National Environmental Education Week (11 – 17)

<http://www.eeweek.org/>

Week of the Young Child (11 – 17)

<http://www.naeyc.org/woyc>

Severe Weather Awareness Week (MN) (19 – 23)

<http://www.severeweather.state.mn.us/>

April 1 April Fools Day

April 19 Garlic Day

April 22 Earth Day

April 30 Arbor Day

#### May:

Arbor Month

<http://www.dnr.state.mn.us/arbormonth/index.html>

<http://www.arborday.org/arborday/>

Asthma Awareness Month

[www.epa.gov/asthma/awm.html](http://www.epa.gov/asthma/awm.html)

Get Caught Reading Month

<http://www.getcaughtreading.org/>

National Pet Week (2 – 8)

<http://petweek.org/>

National Teacher Appreciation Week (3 – 7)

<http://www.teacher-appreciation.info/>

National Safe Kids Week (6 – 13)

<http://www.safekids.org>

National Women's Health Week (9 - 15)

<http://www.womenshealth.gov/whw>

Reading is Fun Week (10 – 14)

<http://www.rif.org/>

May 4 Teacher Appreciation Day

May 9 Mother's Day

May 15 Opening Fishing (MN)

May 31 Memorial Day

**National Environment Education Week** is April 11 – 17. It is the largest organized environmental education event in the United States. Let us know how you plan to encourage your children to make a difference in their schools, homes, and communities. We'll post your submissions on our website. Spread the word! During the week, watch for links to activities you can do with your youngsters that will help you assist them to learn about and appreciate the world we live in. We encourage you to embed these activities within your curriculum – they are NOT add-ons!

**Adults & Childrens Alliance** When purchasing or renewing liability insurance from ACA, list **PLA-INC.** as your Community Partner. By writing **PLA-INC.** or **9075** on the application form, we will receive funds for training from ACA. There is NO additional cost to you. ([www.acainc.org](http://www.acainc.org))

**CCPNCC** The Child Care Provider Network of Chisago County is dedicated to upholding a strong support system that will empower each early childhood educator by providing training and networking opportunities to promote quality child care. For

information, contact Sue at 651.462.5651 or [smmtower@aol.com](mailto:smmtower@aol.com) or Kim at 651.982.1400 or [kmwoehl@aol.com](mailto:kmwoehl@aol.com).

**Questions for You:**

We are formulating plans for fall and winter events and need your input. Please visit the SurveyMonkey.com link below. There are only a few simple questions and we would very much appreciate your help as soon as possible. Thank you!

<http://www.surveymonkey.com/s/R8QZ299>

You can also access the link via our home page.

**To register for PLA-INC. seminars or the Institute, visit [www.pla-inc.org](http://www.pla-inc.org) or call 651.464.8777.**

**YES! I would like information about:**

- 40-Hour PITC Caregiver Certification Cohort \_\_\_\_\_
- CPR and First Aid Seminars on the Road \_\_\_\_\_
- Consulting \_\_\_\_\_
- Seminars on the Road \_\_\_\_\_
- Other \_\_\_\_\_

Please contact me via: EMAIL \_\_\_\_\_

PHONE \_\_\_\_\_

Best time: morning\_\_\_ afternoon\_\_\_ evening\_\_\_

USPS (If different from above) (please print legibly)

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 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



# Registration Form

Please note seminar dates. Payment is required prior to each seminar. Thank you.

**Please print**

*(Please use a separate form for each person.)*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

County (Work) \_\_\_\_\_ Email \_\_\_\_\_

Daytime Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

Facility Name \_\_\_\_\_

Name of Seminar	Date	Cost of Seminar	
_____	_____	_____	
_____	_____	_____	TOTAL \$ _____

**You have several options to register:**

- 1). Mail Registration Form and check payable to: [PLA-INC.](#), 8244 177<sup>TH</sup> Lane, Forest Lake, MN 55025.
- 2). Fax completed Registration Form and credit card information to 651.286.0885.
- 3). Call 651.464.8777 with contact and seminar information, credit card number, expiration date, and CVV code.
- 4). Register online at [www.pla-inc.org](http://www.pla-inc.org). Click on Seminar Schedule, then on registration link.

**Credit Card:**             **Visa**             **Master Card (circle one)**

**Print name (exactly as on card)** \_\_\_\_\_

**Address (if different from above)** \_\_\_\_\_

\_\_\_\_\_

**Card #** \_\_\_\_\_ **Exp. Date:** \_\_\_\_\_ **CVV Code:** \_\_\_\_\_

**Signature** \_\_\_\_\_ **TOTAL: \$** \_\_\_\_\_

### **Cancellation and Refund Policy Cancellation and Refund Policy**

Register at least 3 business days in advance to ensure enrollment. Payment must accompany registration. In the event of cancellation, you will be notified and your funds will be held for a future seminar. No credits will be issued for seminars without 24 hours notice by participant. Refunds are provided only in the form of credits for future seminars. A minimum number of participants is required to hold the seminar. In addition, without advance registration, you will not be personally notified of changes or cancellations. Changes are also noted on the Seminar Schedule page of our website, [www.pla-inc.org](http://www.pla-inc.org). If you have questions regarding your seminar, you are encouraged to contact our office.

