

Special Offer! Child care professionals often support parents as they partner to raise children. Here's an easy way to help them gather information and for you to obtain your required education. Register for specially marked seminars together with a parent or grandparent from your program. **(P&P)** You will each receive a **\$5.00** coupon toward your next seminar with PLA-INC.!

January 2012

Handouts are limited. Bring paper and pen to each event. Plan to arrive in time to order a beverage or meal to eat during the seminar. Do not bring in food or beverage from the outside. Thank you for your thoughtfulness.

The Building Blocks for Early Literacy (P&P)

Reading outcomes relate to school and life opportunities. Learn components of early literacy and how to analyze your environment, create a literacy-rich environment using everyday materials, and enlist family support. Resource list included. CC: II, CDA: 2; CBTA: 4, 5

Tuesday, January 24 **6:45 PM – 8:45 PM**
Cost: \$18.00

Dunn Bros., 2751 East County Road E., White Bear Lake, MN 55110.

February 2012

10th Annual Child Care Professional Institute (MNCPD)

Saturday, February 25, 2012. The Institute will be held at Zion Evangelical Lutheran Church in Chisago City. Early bird registration ends on February 4th! Exhibitors welcome!

Mr. Don Shelby will be our 2012 keynote presenter. You must surely recall him as the former television anchor and radio host on WCCO. He is also an award-winning journalist, perpetual student and researcher, sports fan and participant, author and voracious reader, husband, father, and much more. He is a strong and active supporter of environmental education efforts, good programs for children, and thoughtful use of our finite earthly resources. Through his stories and good humor, he will explain the importance of getting kids outdoors and involved with their own education, the many ways it benefits them, how easy it is to do, and how much fun it can be for everyone.

Want to attend the keynote ONLY?
Register online today for only 12.00!

Join us for this special opportunity to learn many wonderful and important things, network with old and new friends, and pick up those special items for your program. **There are 31 breakouts overall, with a total of 24 different options. Most sessions have not been offered in this area before. Space is limited, so register TODAY so you get in the classes you really want. NEW: one session in Spanish; two conversation stations.**

Temperament

Each child is born with a unique temperament; these tendencies play a major role in his behavior. This seminar will provide you with an overview of temperament by presenting the different temperament traits and types along with strategies to effectively respond to individual children and other people in our lives. CC: I; CDA: 8; CBTA: 4

Tuesday, February 28 **6:45 PM – 8:45 PM**
Cost: \$18.00

Dunn Bros., 2751 East County Road E., White Bear Lake, MN 55110.

Child & Adult Care Food

Minnesota Licensed Family Child Care Association Food Program

- FREE Minute Menu Kids Software
- FREE 1 Year Association Membership when you join
- The MLFCCA CACFP
- ECIPS Birth–3 & 3–5 years handbook
- FREE FUN activities for children in your care
- CREATIVE ways to introduce new foods



Minnesota Licensed Family Child Care Association

Member Benefits & Recognition | Mentorship & Professional Development | Ongoing Support | Joint Membership NAFCC

Join Today

Contact MLFCCA
 651-636-1989 | 800-652-9704
www.mlfcca.org



March 2012

It's Circle Time Again!

During circle time, children learn what it means to be part of a classroom community and develop the skills to participate effectively in a group. We'll examine your use of circle time and how you can use it to set the tone for the day and even reduce overall discipline challenges. Bring one successful activity you use and one challenge you face implementing circle time. CC: II, CDA: 2; CBTA: 4, 5

Tuesday, March 6 **6:45 PM – 8:45 PM**
Cost: \$18.00

Dunn Bros., 2751 East County Road E., White Bear Lake, MN 55110.

Are you MediaWise? (P&P)

Those who live or work with children have the power to change the media environment they grow up in. Learn techniques to help support healthy media habits, how media habits can help or hurt a child's behaviors and school success, help kids monitor their own media environments, and enlist parent support. CC: IV; CDA: 3; CBTA: 7

Tuesday, March 20 **6:15 PM – 8:45 PM**
Cost: \$22.50

Dunn Bros (The Library), 2180 N. Hamline Ave., Roseville, MN, 55113.



How Do We Give Children a Good Start? (MNCPD)

Key 2: Acquired Skills Needed by All Children

This seminar, based on the work of Dr. Bruce Perry, will describe the six acquired skills needed by all children for positive emotional development including attachment, self-regulation, affiliation, awareness, tolerance, and respect. Participants will examine strategies for achieving success for children's skill development in each of these core areas. (CICC) CC: IV, CDA: 3, 8; CBTA: 4, 5, 6, 7

Tuesday, March 27 6:45 PM – 8:45 PM

Cost: \$18.00

Dunn Bros., 14775 Victor Hugo Blvd. N., Hugo, MN 55038.

April 2012

Handouts are limited. Bring paper and pen to each event. Plan to arrive in time to order a beverage or meal to eat during the seminar. Do not bring in food or beverage from the outside. Thank you for your thoughtfulness.

Say Yes to No ® (P&P)

We'll talk about the importance of building and maintaining a secure connection with your child and identify different parenting styles so you can recognize yours. Learn how to set appropriate limits and consequences, instilling self-discipline, and how to avoid power struggles. Understand and practice helpful praise and ways to build competency in each child that also fosters self-esteem. You will write an individual action plan for your family or program. CC: IV; CDA: 3; CBTA: 7

Tuesday, April 10 6:15 PM – 8:45 PM

Cost: \$22.50

Dunn Bros (The Library), 2180 N. Hamline Ave., Roseville, MN, 55113.

How to Teach Children to Know Their Own Engine

Key 5: The Little Engine that Could (MNCPD)

This seminar examines characteristics of resiliency and its key relationship to children's mental health. Participants will explore the role resiliency plays as a critical factor in how children who are at risk will handle stress, react or adapt to negative situations, and overcome obstacles in their emotional growth. Participants will develop practical strategies for improving their environment and programming to enhance and support resiliency in young children. (CICC) CC: IV, CDA: 3, 8; CBTA: 4, 5, 6, 7

Tuesday, April 24 6:45 PM – 8:45 PM

Cost: \$18.00

Dunn Bros., 14775 Victor Hugo Blvd. N., Hugo, MN 55038.

Program Services

CDA Advisor/Reviewer If you are ready for your observation or renewal report, contact us to schedule an appointment. [Now scheduling for March, April, and May.](#)

Seminars on the Road Schedule your own! No need to wait for us to put it on the calendar. Gather your colleagues, choose your date, and select the seminars that meet your needs.

Consulting If you prefer a personalized session (or need training in a hurry), consider on-site consulting. You determine the session content. Day and evening times available. Maximum group size is three.

Other Opportunities

If you have submissions for this category or ETC., please email info@pla-inc.org. Download flyers at www.pla-inc.org.

The Child Care Provider Network of Chisago County

CCPNCC is dedicated to upholding a strong support system that will empower each early childhood educator by providing training and networking opportunities to promote quality child care. For information, contact Mona at 651.462.2744 or melk16@frontiernet.net or Kim at 651.982.1400 or kmwoehl@aol.com.

Bridges to Mental Wellness – Helping Children Thrive from Birth to Five

SAVE THE DATE!! Keynote by Dr. Terrie Rose; emerging best practices panel; breakout sessions. Tuesday, April 17 from noon to 4:30 PM at Schwan's Center in Blaine. The cost for professionals is \$25.00. A free evening event for the community will begin at 6:30 PM. Contact Denise Kirmis at 763.712.2705 or Denise.Kirmis@co.anoka.mn.us.

Building a Competent Community and School Plan for Youth Suicide Prevention

Professionals: February 28, 2012 from 9:00 AM – 12:00 PM at the Prom Center in Oakdale. Cost is \$20; three CEUs for full attendance. Continental Breakfast included. To register and for more information: <http://suicidepreventioncollaborativemn.org/education>

Evening Community Event: *Not My Kid: A Community Conversation on Youth Suicide Prevention* at Oakland Junior High School in Lake Elmo. Resource Fair is 6:00 – 7:00; presentation is 7:00 – 9:00 PM.

Minnesota Environmental Education Conference

June 21 – 22, 2012 at Itasca State Park. Journey to the source of the Mississippi to join imaginative educators and administrators transforming their offices, classrooms, and personal lives into something fresh, rewarding, and extraordinary. Together, we will explore how play and creativity can enhance our work and beyond. <http://www.minnesotaee.org/2012>

Etc.

Adults & Childrens Alliance When purchasing or renewing liability insurance from ACA, list **PLA-INC.** as your Community Partner. By writing **PLA-INC.** or **9075** on the application form, we will receive funds for training from ACA. There is **NO** additional cost to you. (www.acainc.org) A big **"THANK YOU!"** to those who already do that and to ACA! We appreciate it.

Forest Lake Area Partnership for Families (FLAPF)

Its mission is to promote health and well-being for youth and families. Typically the first Wednesday of the month during the school year, it meets for Sunrise Networking. This is an opportunity to get to know people in your local organizations and discover how we can support one another in our efforts to build healthy, vibrant communities for youth and families.

8:00 – 8:30 AM: welcome, refreshments, and highlights and updates from attendees; 8:30 – 9:00 AM: presentation; 9:00 – 9:30 AM; announcements and optional networking. FLAPF meets at the Washington County Northern Service Center – Conference Room, 19955 Forest Road N., Forest Lake, MN, 55025. Need more information? Interested in presenting? Contact Kathy Bystrom at kbystro1@fairview.org or 651-257-8439.

Union Misrepresentation Update

The Coalition of Child Care Providers
www.childcareunioninfo.com

Facebook: Childcare Providers Who are Happy to be Union Free.” Be sure your info comes from a named and reputable site, such as www.childcareunioninfo.com. No politics, just info.

1) A **federal** lawsuit (see ww.pla-inc.org) was filed on January 19th in opposition of child care unionization. The Coalition of Family Child Care Providers that formed the www.childcareunioninfo.com web site has been working closely with an attorney from the National Right To Work Foundation since last spring. The NRTWF has agreed to take the case and fund it entirely at *no cost to child care providers*. The National Right To Work Foundation was also part of the federal lawsuit in Michigan that helped dissolve the union there. The NRTWF is currently working to help the child care providers in Michigan recoup the millions in dues and fees taken out of their subsidy checks. The difference between this **federal** lawsuit and the **state** lawsuit is simply its basis. The federal suit alleges in **federal district court** that the Executive Order is unconstitutional under the First Amendment to the United States Constitution because it violates the right to freedom of association. The other suit alleges in the **state** court that the Executive Order is unconstitutional under Minnesota’s constitution because the Governor lacks the power to issue it.

<http://www.letfreedomringblog.com/?p=12218>

<http://politicsinminnesota.com/2012/01/unionization-opponents-take-case-to-federal-courts/>

<http://freedomfoundationofminnesota.com/child-care-providers-to-challenge-unionization-in-federal-court>

<http://www.startribune.com/politics/statelocal/137665398.html>

<http://www.youtube.com/watch?v=2IKvTIQZBTQ>

2) Attorney Harry Niska filed an amicus (friend of the court) brief in Ramsey County Court on January 19th on behalf of 13 Minnesota residents that are current clients of licensed, registered family child care providers. These 13 parents oppose Governor Dayton’s Executive Order to unionize in-home child care providers. Niska argues that Gov. Dayton’s Executive Order harms child care families by compromising antitrust protections and that the Governor exceeded his

constitutional authority by issuing this Executive Order. Ultimately, Niska asks the court to grant the plaintiffs’ motions for a temporary injunction.

The entire amicus brief can be found here: <http://www.scribd.com/hniska/d/78761786-Child-Care-Customers-Amicus-Brief>

3) Another reminder for those who can attend: The hearing for the plaintiffs in the **state** lawsuit regarding the unionization vote of Minnesota’s child care providers will be held on **February 22nd**. The converted hearing will take place at the Ramsey County Court House at 2:30 PM. The temporary restraining order issued by Judge Lindman will hold until the rescheduled hearing. Judge Lindman has agreed to merge the hearings for temporary injunction and summary judgment into one.

Web Resources

<http://www.madd.org> MADD – Mothers Against Drunk Driving: free resources and webinars.

www.Nutrition.gov Provides easy access to food and human nutrition for consumers.

<http://www.bellaonline.com> Articles on healthy eating and exercise for women

<http://fightbac.org> Partnership for Food Safety Education has free curriculum and activities for children K – 12.

<http://www.nimh.nih.gov/educational-resources/index.shtml> National Institute of Mental Health offers free educational resources

<http://www.nature-education.org> International Online Nature Education – offers links and resources

<http://www.primitiveskills.com/resources/links.html> Website listings of resources, supplies, and activities

Of Interest

The Minnesota Legislature opened its 2012 session on Tuesday, January 24.

10th Annual Child Care Professional Institute (MNCPPD)

Saturday, February 25, 2012. The Institute will be held at Zion Evangelical Lutheran Church in Chisago City. Registration materials are NOW available online or by phone. Early bird registration ends February 4th. **Exhibitors welcome! Silent auction items requested.**

Visit www.pla-inc.org for info on professional development and family events.
651.464.8777
info@pla-inc.org

Remember to PLA today and everyday!



Registration Form

Please note seminar dates.
Payment is required prior to
each seminar. Thank you.

Please print

(Please use a separate form for each person.)

Name _____

Address _____

City _____ State _____ ZIP _____

County (Work) _____ Email _____

Daytime Phone () _____ Evening Phone () _____

Facility Name _____

Name of Seminar	Date	Cost of Seminar	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	TOTAL \$ _____

You have several options to register:

- 1). Mail Registration Form and check payable to: [PLA-INC.](#), 8244 177TH Lane, Forest Lake, MN 55025.
- 2). Fax completed Registration Form and credit card information to 651.286.0885. (Charge appears from 123SignUp)
- 3). Call 651.464.8777 with contact and seminar information, credit card number, expiration date, and CVV code.
- 4). Register online at www.pla-inc.org. Click on Seminar Schedule, then on registration link for your seminar.

Credit Card: **Visa** **Master Card (circle one)**

Print name (exactly as on card) _____

Address (if different from above) _____

Card # _____ **Exp. Date:** _____ **CVV Code:** _____

Signature _____ **TOTAL: \$** _____

Cancellation and Refund Policy Cancellation and Refund Policy

Register at least 3 business days in advance to ensure enrollment. Payment must accompany registration. In the event of cancellation, you will be notified and your funds will be held for a future seminar. No credits will be issued for seminars without 24 hours notice by participant. Refunds are provided only in the form of credits for future seminars. A minimum number of participants is required to hold the seminar. In addition, without advance registration, you will not be personally notified of changes or cancellations. Changes are also noted on the Seminar Schedule page of our website, www.pla-inc.org. If you have questions regarding your seminar, you are encouraged to contact our office.

Promote Your Business Here

Beginning with the April 2011 newsletter, we will accept advertising from child care related businesses. Ads must be business card size. Ads will be placed within text columns (as in this newsletter), up to four ads per column and as space allows. Submissions must be in MS WORD. Horizontal orientation is preferred. PLA-INC. reserves the right to limit the number and type of ads included in each issue.

Liability

Professional Learning Alternatives, Inc. will not be liable for slight changes or typographical errors that do not lessen the value of the advertisement. PLA-INC.'s liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the corrected advertisement in any subsequent issue. The advertiser and/or advertising agency agrees to defend and indemnify Professional Learning Alternatives, Inc. against any and all liability, loss, or expenses arising from claims of libel, unfair competition, unfair trade practices, infringement of trademarks, copyrights, trade names, patents, or proprietary rights, or violation of rights of privacy resulting from the publication of the advertiser's advertisement.

Ad Approval

All advertising is accepted subject to approval by

Rates

\$20.00 per ad

\$18.00 per ad per month

\$16.00 per ad per month

single issue

six (6) consecutive months

twelve (12) consecutive months

Professional Learning Alternatives, Inc. PLA-INC. reserves the right to refuse or cancel any advertisement at any time.

Political Advertising

Political advertising will not be accepted.

Electronic Ad Transfer

Ads must be emailed in MS Word to Professional Learning Alternatives, Inc. at info@pla-inc.org. A hard copy may be mailed to Professional Learning Alternatives, Inc., 8244 - 177th Lane, Forest Lake, MN 55025 or faxed to 651.286.0885 to verify content and format.

Payment Terms

Payment by check is required in advance. Ad will not run until the advertiser's check has cleared. A \$35.00 charge will be assessed on each returned check in addition to any legal and/or collection fees. Multiple-issue ads must also be paid in advance. Twelve-month ads may be paid in advance in six-month intervals.

Rate Policy

All rates listed are net. No discounts will be applied with the exception of multiple issues. We reserve the right to implement rate changes at any time.

one (1) minor change allowed

one (1) minor change allowed



NONPROFIT
US POSTAGE
PAID
FOREST LAKE, MN
PERMIT NO. 20

Professional Learning Alternatives, Inc.

8244 – 177th Lane
Forest Lake, MN 55025
651.464.8777
www.pla-inc.org

Discover the power of PLA!

Please bring one or more of these items as a donation to service members and their families. Cash for purchasing or shipping is also welcome. Thank you!

Military Families at Home

Most of us know someone who is, was, or soon will be deployed in service to our country. All leave family and friends behind. You can help by occasionally offering your professional child care services to those families remaining on the home front. Contact Julie Wasiluk at 651.290.9704 #119 or julieW@mnnchildcare.org for details. For many families, income is significantly reduced when one or both parents are deployed. Routines are disrupted; children and youth are frequently lonely and confused; they sometimes have to live with relatives. Your donation of useful items suggested here for the families' use (or funds to purchase them) will help pass the time while they wait. (Consider birth through teens.) *Thank you!*

Movie or theatre tickets Snack foods iTunes gift cards
Museum, park, or zoo passes Gas or phone cards Videos or dvds
Spa-like personal care products
Small toys (distractions) for adult caregivers and parents to give to children
Gift cards in any amount to: grocery stores, video rentals, big box stores, restaurants, hair care, electronics stores
Donations payable to PLA-INC.

Through the collaboration of local veteran's organizations, your donation will be thoughtfully distributed.

Deployed Service Members

These suggested items will be shipped to members serving overseas. Cash donations will be used for shipping and/or purchasing requested items. Visit www.pla-inc.org for a more comprehensive listing. *Thank you!*

Movies (dvds) & Music cds (mixed ok, too)
Snacks: gum, almonds, jerky, breakfast bars, Life Savers, Twix, Oreos, pretzels, Skittles, Starbursts, jelly beans, Heath Bars, crackers, sunflower seeds (Items that survive extreme heat and traveling conditions)
Toys/Games: Nerf toys, Koosh balls, hacky sacks, Rubik's cubes
New or gently used paperback books or magazines
Desk/office supplies Seasonal decorations
Artwork: landscape (mountains/snow, wildlife, ocean, woods)
Teabags and instant coffee Incense, candles, air freshener (non-aerosol)
Thin pens (click type) and mechanical pencils (Zebra brand)
Artwork & letters from children Musical instruments (e.g., harmonicas)
Baby wipes Travel size shampoo, conditioner, mouth wash
Phone Cards (funding for)

Donations payable to PLA-INC.

Through the collaboration of local veteran's organizations, your donation will be thoughtfully distributed.