

June

"Wa-ter" We Trying to Learn Here?



Learn the benefits of environmental education. Actively preview nature-based activities and practice outdoor teaching skills that help children learn, gain an awareness of, and develop values about water from various cultural perspectives. Based on Project WET. Dress comfortably and for the weather. (Additional materials available for purchase.) CC: II; CDA: 2, 3; CBTA: 4, 5

Monday, June 14 7:00 – 9:00 PM

Cost: \$17.00

Giese Memorial Library, 26855 Forest Boulevard, Wyoming, MN 55092

Are You MediaWise?



Those who live or work with children have the power to change the media environment they grow up in. Learn techniques to help support healthy media habits, how media habits can help or hurt a child's behaviors and school success, help kids monitor their own media environments, and enlist parent support. (Based on the work of Dr. David Walsh.) CC: IV; CDA: 3; CBTA: 7

Monday, June 21 6:30 – 8:45 PM

Cost: \$17.00

Sertinos Café, 14643 Mercantile Dr. N., Hugo, MN 55038

Plan to arrive in time to order a beverage or meal to eat during the seminar. Do not bring in food or beverage from the outside. Complimentary dessert will be served.

The Six Keys (Part A): (1) Early Childhood Mental Health: Why Your Role Matters; (2) Emotional Development: Acquired Skills Needed by All Children; (3) Understand How a Child is "Wired."

Discover ways in which your early childhood role can nurture the emotional development of young children through interactions, practices, and modeling to build secure attachment relationships; learn the six acquired skills needed by all children for positive

emotional development; how to use social and emotional development checklists to identify where

children are in their development; and look at strategies to support them as they progress to the next social/emotional milestone. (CICC)

Monday, June 28 6:30 – 8:45 PM

Cost: \$17.00

Dunn Bros Grill, 14775 Victor Hugo Blvd. N., Hugo, MN 55038

Plan to arrive in time to order a beverage or meal to eat during the seminar. Do not bring in food or beverage from the outside, including Festival Foods.

July

Say Yes to No (2-Part Series)



Through discussion, videos, and in-class and at-home activities, learn strategies that will make saying NO really work so your children develop the character traits and skills needed to be successful in school and in life. Based on the work of Dr. David Walsh. CC: IV; CDA: 3; CBTA: 7

Wednesday, July 14 (Part I) 6:30 – 9:00 PM

Wednesday, July 28 (Part II) 6:30 – 9:00 PM

Cost: \$42.50 for both sessions. 10% discount for two parents that register together (\$38.25). Must attend both sessions to receive in-service credit.

Giese Memorial Library, 26855 Forest Boulevard, Wyoming, MN 55092

Impact of Grief, Loss and Trauma (MNCPD)

Gain an understanding of grief, loss, and trauma and the potential academic and behavioral changes related to these experiences as well as strategies to support children and youth. Helpful for military families. CC: V; CDA: 4; CBTA: 8

Monday, July 19 6:30 – 8:45 PM

Cost: \$17.00

Dunn Bros Grill, 14775 Victor Hugo Blvd. N., Hugo, MN 55038

Plan to arrive in time to order a beverage or meal to eat during the seminar. No food or beverage from the outside, including Festival Foods.

Networking and Marketing Essentials to Optimize Your Business



Networking and marketing are essential skills you must learn and intentionally implement to successfully grow your business (generate income!) Leave with a personalized Tool Box containing low- and no-cost ideas to create your campaign. CC: VIII; CDA: 6; CBTA: 9

Monday, July 26 6:30 – 8:45 PM

Cost: \$17.00

Dunn Bros Grill, 14775 Victor Hugo Blvd. N., Hugo, MN 55038. *No food or beverage from the outside, including Festival Foods.*

August

Building Blocks of Early Literacy

NEW

Reading outcomes relate to school and life opportunities. Learn components of early literacy and how to analyze your environment, create a literacy-rich environment using everyday materials, and enlist family support. CC: I, IIC; CDA: 2; CBTA: 4, 5

Tuesday, August 3 6:30 – 8:45 PM

Cost: \$17.00

Dunn Bros Grill, 14775 Victor Hugo Blvd. N., Hugo, MN 55038. *No food or beverage from the outside, including Festival Foods.*

Everybody Needs a Home! (MNCPD)

Using literacy, music, social studies, art, physical and other components, learn strategies and activities to successfully introduce children to the outdoors and develop an awareness of animals sharing their neighborhood and the types of homes in which they live. Participate in several activities and adapt them for your age group(s). Dress comfortably; time may be spent outside. Based on Project WILD. (Additional materials available for purchase.) CC: II; CDA: 2, 3; CBTA: 4, 5

Wednesday, August 4 6:30 – 9:00 PM

Cost: \$21.25

Giese Memorial Library, 26855 Forest Boulevard, Wyoming, MN 55092

Language Development

PITC Module 3, Lessons 10 - 13

How do infants and toddlers perceive their surroundings and how can we best interact and communicate with them? Join us to find out. CC: I, II; CDA: 2, 3; CBTA: 4, 5, 8

Tuesday, August 10 6:30 – 8:45 PM

Cost: \$17.00

Dunn Bros Grill, 14775 Victor Hugo Blvd. N., Hugo, MN 55038. *No food or beverage from the outside, including Festival Foods.*

Special Needs: We All Have Them, So Now What?

NEW

We all have special needs; some more obvious than others or more 'acceptable.' Examine early history of the Americans with Disabilities Act and how you can sensitively include children and their families with special needs, making your program comfortable for all. CC: II, V; CDA: 2, 3; CBTA: 4, 5, 8

Tuesday, August 24 6:30 – 8:45 PM

Cost: \$17.00

Dunn Bros Grill, 14775 Victor Hugo Blvd. N., Hugo, MN 55038. *No food or beverage from the outside, including Festival Foods.*

Including the Infant in Your Curriculum PITC: Module 3

Based on their abilities and interests, explore ways to plan activities for infants through preschoolers. Discuss common misconceptions and how the early learning experiences and interventions you provide impact the child's brain development and future learning. CC: I, II; CDA: 2, 3; CBTA: 4, 5, 7

Wednesday, August 25 6:30 – 9:00 PM

Cost: \$21.25

Giese Memorial Library, 26855 Forest Boulevard, Wyoming, MN 55092

SEMINARS ARE POSTED AT WWW.PLA-INC.ORG. PLEASE VISIT FREQUENTLY FOR UPDATES.

Program Services

CDA Advisor/Reviewer If you are ready for your observation or renewal report, contact us to schedule an appointment.

CPR and First Aid Seminars Since there was insufficient interest at this time, no seminars are currently scheduled. Our apologies for any inconvenience to those few who did respond.

CPR and First Aid Seminars on the Road Schedule your own! No need to wait for us to put it on the calendar. Join us for your initial certification or re-certification. Select from: Adult or Pediatric CPR, AED (automated external defibrillator), First Aid, and BLS (Basic Life Support – required for medical

professionals). Gather your colleagues, family, friends, and neighbors for a day or evening session. Call for pricing options. (Suitable for Rule 2 and 3 child care professionals.) *Currently available only in the seven county metro area.*

40-Hour PITC Caregiver Certification Cohort

Interested in joining a cohort to learn more about infants and toddlers? Gather with others for a comprehensive study of children age birth to 5 years. We will meet over several weeks at a convenient location. A minimum of ten is needed to hold this series, which is based on materials from the Program for Infant Toddler Caregivers. Upon completion, participants will receive a certificate for 40 hours; all 40 hours are acceptable for licensing and grants. Call or email for pricing and scheduling options. *Currently available only in the seven county twin cities area.*

Other Opportunities

If you have submissions for this category or ETC., please email info@pla-inc.org.

(Download flyers for the following opportunities at www.pla-inc.org.)

Take a Day Off!

There's a world of fun and adventure awaiting you and your family at various Minnesota state parks. You don't need to drive far, spend a lot of money, or be an expert outdoorsman. Test your aim at a laser shooting range, learn about shooting safety, paddle a canoe, learn how to fish from shore, go geocaching, try archery, learn about local plants and animals, and lots more. Get hands-on instructions in a variety of outdoor activities. No experience necessary; equipment provided. All events are free, but a vehicle permit is required to enter the park. Visit www.pla-inc.org to obtain a flyer.

Saturday, July 10 Wm. O'Brien State Park
Activities: 1:00 PM – 5:30 PM
Ice Cream Social and live music: 6:30 PM – 8:30 PM
Cost: Free

Saturday, August 14
Activities: 9:00 AM – 4:00 PM
Stearns County Mississippi River Park
Cost: Free

Living on Less

The Forest Lake Partnership for Families is again sponsoring this event on **Wednesday, August 11** from 11:00 am – 1:00 pm at Maranatha Assembly of

God Church in Forest Lake. There are several ways you can help.

Service Providers: Help identify and/or recruit service providers to participate in this event. For more information, please contact Tovah Marek at 651-464-3685 or Tovah.Marek@ysblakesarea.org.

Door Prizes: Help find items for door prizes to be given out the day of the event. For more information, please contact, Janet Rosauer at 651-464-5438 or cruzerette@hotmail.com.

School Supplies: Help gather donations of school supplies to be given out at the event (cash and/or supplies). For more information, please contact Krista Armitage at karmitage@forestlake.k12.mn.us or 651-982-3226.

Background notes: School supplies was a major need identified by participants in last year's event (supplies on hand were all given out within the first 40 minutes of the event). Donations of cash to purchase supplies will ensure that we will have the specific items needed by students. In terms of collaborating with other organizations, we are already in contact with Faith Lutheran Church as well as Forest Lake Area Schools staff.

Lunch: Help identify individuals/organizations that might be willing to donate bulk and/or prepared food items to serve for lunch. For more information, please contact Jenny Sheridan at Jennifer.Sheridan@co.washington.mn.us or 651-430-8332.

Event Volunteer: Help out on the day of the event (set up, take down, greet people, serve lunch, etc.). Please contact one of the planning group co-chairs (below) or any member of the planning group.

Publicity: Help get the word out about this event through your organization. We will be getting a "Save the Date" notice out sometime during May. For more information, please contact Laurie Drolson at ldrolson@forestlake.k12.mn.us or 651-982-8334.

Activities for Kids: If you have ideas for activities that kids can participate in during the event, especially activities related to fitness and/or safety, please contact one of the planning group co-chairs (below) or any member of the Living on Less planning group.

Carolyn Carr Latady, 651-982-8350
Laurie Drolson, 651-982-8334
Tovah Marek, 651-464-3685

Prescription and Over-the-Counter Drug Use Jay Jaffee, Chemical Health Coordinator from the MN Department of Health will present at Children's Home Society and Family Services (1605 Eustis Street St. Paul, MN) on Friday, June 25 from 1:00 PM – 3:00 PM. Find more information at www.mnyipa.org or www.kidschange.org or 888.945.9472.

PLA-INC.ORG

The seminar schedule is updated throughout the month, so be sure to check it often for seminars and other events that may have missed the newsletter's publication date.

Etc.

Legislative Updates 2010 A few changes are outlined here. For a complete listing, visit <http://pla-inc.org/Advocacy.html>. For complete sessions laws, visit <https://www.revisor.mn.gov/pubs>.

Shaken Baby Syndrome Video Amended to require caregivers and helpers, in addition to licensed child care providers, to annually view the ^{video} presentation on the dangers associated with shaking infants and young children. Effective 8.1.2010.

Definition of "Reasonable Cause" Amend provide definition of "reasonable cause" applicable temporary immediate suspensions (TIS). The burden of proof in a TIS hearing remains "limited to the commissioner's demonstration that reasonable cause exists to believe that the license holder's actions or failure to comply with applicable law or rule poses, or if the actions of other individuals or conditions in the program poses an imminent risk of harm to the health, safety or rights of the persons served by the program." However, there is now an added definition of "reasonable cause" to provide additional guidance to the parties and decision maker in these cases. This is in response to a recent case from the MN Court of Appeals finding that a TIS was not supported by substantial evidence and was arbitrary and capricious. The statute now provides that "reasonable cause" means that, "there exist specific articulable facts or circumstances which provide the Commissioner with a reasonable suspicion that there is an imminent risk of harm to the health, safety, or rights of persons served by the program." Therefore we must be prepared to present evidence of specific articulable facts and circumstances which provide a reasonable suspicion that there is an imminent risk of harm. Effective 5.14.2010.

Swimming Pools and Wading Pools With the warm weather here again, you might want to review the swimming and wading pool requirements.

Subd. 10. **Portable wading pools; family day care and group family day care providers.**

A portable wading pool as defined in section [144.1222](#) may not be used by a child at a family day care or group family day care home or at a home at which child care services are provided under section [245A.03, subdivision 2](#), clause (2), unless the parent or legal guardian of the child has provided written consent. The written consent shall include a statement that the parent or legal guardian has received and read material provided by the Department of Health to the Department of Human Services for distribution to all family day care or group family day care homes and the general public on the human services Internet Web site related to the risk of disease transmission as well as other health risks associated with the use of portable wading pools.

Subd. 11. **Swimming pools; family day care and group family day care providers.**

(a) This subdivision governs swimming pools located at family day care or group family day care homes licensed under Minnesota Rules, chapter 9502. This subdivision does not apply to portable wading pools or whirlpools located at family day care or group family day care homes licensed under Minnesota Rules, chapter 9502.

(1) notify the county agency before initial use of the swimming pool and annually, thereafter;

(4) attend and successfully complete a swimming pool operator training course once every five years.

If you have any questions, contact your licenser.

New Business Openings If you are a new child care professional, let us welcome you! Tell us your name, business name or employer, city, and county. We'll list it here.

Goodsearch Toolbar: GoodSearch will donate to organizations for each use of the search function. To help PLA-INC. benefit from this, please download this toolbar now by following this link: <http://www.goodsearch.com/toolbar/professional-learning-alternatives-pla>

The toolbar is free to download and allows you to raise money for PLA virtually every time you search or shop online! Once added to IE or Firefox, each time you shop at more than 1,400 stores (from Amazon to Zazzle!), a percentage of your purchase will

automatically be donated to PLA - at no cost to you. You may even save money as the toolbar also provides you thousands of discount coupons and free shipping offers! The toolbar also has a search box and each time you search the Internet, about a penny is donated to PLA. And, please pass this along to all of your friends. The two minutes it takes to add this toolbar to your browser can make a lifetime of difference for PLA. Get the toolbar NOW!

<http://www.goodsearch.com/toolbar/professional-learning-alternatives-pla>

Thank you for your support!

Recalls The U.S. Consumer Product Safety Commission (CPSC) has announced several recalls.

Call (800) 638-2772 for information on these recalls. (www.cpsc.gov) You can search by product, date, company, hazard, or category.

Depression Awareness Here is a resource that may be helpful to caregivers. It provides interesting perspectives on depression among caregivers and care receivers. The tip sheets are excellent, too. (Courtesy of www.FamilyMeans.org, Stillwater, MN.) <http://familyaware.org/podcasts/podcasts.php#jane>

Awareness Dates

June:

- National Safety Month
http://www.nsc.org/nsc_events/Nat_Safe_Month/Pages/home.aspx
- National Great Outdoors Month
- National Children’s Awareness Month
- National Dairy Month
<http://www.nationaldairyCouncil.org/>
- National Sun Safety Week (1 – 7)
<http://www.sunsafetyalliance.org/>
- National Families in Business Week (7 – 11)
- National Men’s Health Week (14 - 20)
<http://www.menshealthmonth.org/week/>
- National Mosquito Control Week (20 – 27)
<http://www.mosquito.org>

- June 5 World Environment Day
- June 7 Daniel Boone Day
- June 11 – 13 Take a Kid Fishing Weekend
- June 14 Flag Day and World Blood Donor Day
- June 15 Nature Photography Day
- June 19 Juneteenth
- June 20 Father’s Day
- June 21 or 22 Summer Solstice
- June 24 National Fairy Day

July:

- National Make a Difference to Children Month
- Disaster Education and Awareness Month
- UV (Eye) Safety Month
www.eyemd.org or www.geteyesmart.org
- National Cell Phone Courtesy Month
- National Culinary Arts Month
- Social Wellness Month
- Family Reunion Month
- National Grilling, Ice Cream, and Horseradish Month
- Blueberries Month
- Alzheimer’s Awareness Week (6 – 12)
- Rabbit Week (15 – 21)
- National Ventriloquism week (16 – 19)

- July 1: Second Half of the Year Day; Zip Code
- July 4: Independence Day
- July 5: Tour de France
- July 7: Chocolate Day*
- July 10: Teddy Bears’ Picnic Day
http://www.ehow.com/about/4745168_teddy-bear-picnics.html
- July 15: Gummi Worm Day*
- July 16: Get to Know Your Customers Day
- July 17: National Hot Dog Day
- July 19: National Hug Your Kid Day
- July 20: National Lollipop Day*
- July 24: Tell an Old Joke Day
- July 25: Parents Day
<http://www.parentsday.com>
- July 28: National Milk Chocolate Day*
- July 29: Lasagna Day
- July 30: Father-in-Law Day
- Visit www.FamousBirthdays.com
- Visit <http://www.candyusa.com>*

Information Request Email or call us if you would like more information about any of our programs or services.

Important Information Visit our website for additional links to activities and important information from Minnesota licensors.

Items for Sale, Trade, or Wanted There is a section of our website for you to post items for sale, trade, or that you would like to find. Visit <http://pla-inc.org/BuySell.html> for details.

To register for PLA-INC. seminars visit www.pla-inc.org or call 651.464.8777.



Registration Form

Please note seminar dates. Payment is required prior to each seminar. Thank you.

Please print

(Please use a separate form for each person.)

Name _____

Address _____

City _____ State _____ ZIP _____

County (Work) _____ Email _____

Daytime Phone () _____ Evening Phone () _____

Facility Name _____

Name of Seminar	Date	Cost of Seminar	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	TOTAL \$ _____

You have several options to register:

- 1). Mail Registration Form and check payable to: [PLA-INC.](#), 8244 177TH Lane, Forest Lake, MN 55025.
- 2). Fax completed Registration Form and credit card information to 651.286.0885.
- 3). Call 651.464.8777 with contact and seminar information, credit card number, expiration date, and CVV code.
- 4). Register online at www.pla-inc.org. Click on Seminar Schedule, then on registration link for your seminar.

Credit Card: Visa Master Card (circle one)

Print name (exactly as on card) _____

Address (if different from above) _____

Card # _____ **Exp. Date:** _____ **CVV Code:** _____

Signature _____ **TOTAL: \$** _____

Cancellation and Refund Policy Cancellation and Refund Policy

Register at least 3 business days in advance to ensure enrollment. Payment must accompany registration. In the event of cancellation, you will be notified and your funds will be held for a future seminar. No credits will be issued for seminars without 24 hours notice by participant. Refunds are provided only in the form of credits for future seminars. A minimum number of participants is required to hold the seminar. In addition, without advance registration, you will not be personally notified of changes or cancellations. Changes are also noted on the Seminar Schedule page of our website, www.pla-inc.org. If you have questions regarding your seminar, you are encouraged to contact our office.

