



May 18, 2010

Three Days Only!

\$5,000 GoodSearch Giveaway - Three Days Only!

GoodSearch will donate \$1 (up to \$5,000 total) for every toolbar that is downloaded between (TODAY!) **May 19th at 12 noon and May 21st at 12 noon Eastern Daylight Time!** To help PLA-INC. benefit from this contest, please download the toolbar now by following this link: <http://www.goodsearch.com/toolbar/professional-learning-alternatives-pla>

The toolbar is free to download and allows you to raise money for PLA virtually every time you search or shop online! Once added to IE or Firefox, each time you shop at more than 1,400 stores (from Amazon to Zazzle!), a percentage of your purchase will automatically be donated to PLA - at no cost to you. You may even save money as the toolbar also provides you thousands of discount coupons and free shipping offers! The toolbar also has a search box and each time you search the Internet, about a penny is donated to PLA. *Please hurry and do this now so that we can earn the \$1 bonus per toolbar!*

And, please pass this along to all of your friends. The two minutes it takes to add this toolbar to your browser can make a lifetime of difference for PLA.

Get the toolbar NOW!

Be among the first 5,000 to download this free toolbar. Once GoodSearch has given away a total of \$5,000, the contest ends. So don't delay!

<http://www.goodsearch.com/toolbar/professional-learning-alternatives-pla>

Thank you for your support!

May

Mother Nature vs Guitar Hero



Increasing evidence indicates children exhibit higher self-esteem, less stress, better concentration, and more creativity when they spend time outside. We'll review research and actively preview nature-based activities from Project Learning Tree (PLT), an

international award-winning environmental education program. Let's get kids off the couch and away from TV and video games! Dress comfortably and for the weather. (Additional materials available for purchase.)

Monday, May 24

7:00 – 9:00 PM

Cost: \$17.00

Giese Memorial Library, 26855 Forest Boulevard, Wyoming, MN 55092

June

"Wa-ter" We Trying to Learn Here?



Learn the benefits of environmental education. Actively preview nature-based activities and practice outdoor teaching skills that help children learn, gain an awareness of, and develop values about water from various cultural perspectives using the Minnesota Project WET curriculum. Dress comfortably and for the weather. (Additional materials available for purchase.)

Monday, June 14

7:00 – 9:00 PM

Cost: \$17.00

Giese Memorial Library, 26855 Forest Boulevard, Wyoming, MN 55092

Are You MediaWise?



Those who live or work with children have the power to change the media environment they grow up in. Learn techniques to help support healthy media habits, how media habits can help or hurt a child's behaviors and school success, help kids monitor their own media environments, and enlist parent support. (Based on the work of Dr. David Walsh.)

Monday, June 21

6:30 – 8:45 PM

Cost: \$17.00

Sertinos Café, 14643 Mercantile Dr. N., Hugo, MN 55038

Plan to arrive in time to order a beverage or meal to eat during the seminar. Do not bring in food or beverage from the outside. Complimentary dessert will be served.

The Six Keys (Part A): (1) Early Childhood Mental Health: Why Your Role Matters; (2) Emotional Development: Acquired Skills Needed by All Children; (3) Understand How a Child is "Wired."

Discover ways in which your early childhood role can nurture the emotional development of young children through interactions, practices, and modeling to build secure attachment relationships; learn the six acquired skills needed by all children for positive emotional development; how to use social and emotional development checklists to identify where children are in their development; and look at strategies to support them as they progress to the next social/emotional milestone. (CICC)

Monday, June 28 6:30 - 8:45 PM
Cost: \$17.00
Dunn Bros Grill, 14775 Victor Hugo Blvd. N., Hugo, MN 55038

Plan to arrive in time to order a beverage or meal to eat during the seminar. Do not bring in food or beverage from the outside, including Festival Foods.

SEMINARS ARE POSTED AT WWW.PLA-INC.ORG. PLEASE VISIT FREQUENTLY FOR UPDATES.

Program Services

Basic Life Support Seminars A number of medical professionals have requested that we offer a BLS seminar in or near Forest Lake. We have a location in Maplewood willing to host the seminar and potential dates of Saturday, June 19 or Wednesdays or Thursdays in June or July (probably during the day). If you are interested in participating, please contact us immediately so we can determine the date and final cost. The cost of the three-hour seminar is based on the number of participants.

CDA Advisor/Reviewer If you are ready for your observation or renewal report, contact us to schedule an appointment.

CPR and First Aid Seminars We are scheduling both seminars for June or July in the Forest Lake/Wyoming area. If you are interested, let us know right away. Again, the dates are not yet set and the cost is dependent upon the number of participants. A minimum of six (6) participants is required to hold the seminars. These are suitable for Rules 2 and 3 professionals as well as anyone age 13 years and older. In general, our instructor accepts both those

needing recertification as well as initial certification in the same seminar.

CPR and First Aid Seminars on the Road Schedule your own! No need to wait for us to put it on the calendar. Join us for your initial certification or recertification. Select from: Adult or Pediatric CPR, AED (automated external defibrillator), and First Aid. Gather your colleagues, family, friends, and neighbors for a day or evening session. Call for pricing options. (Suitable for Rule 2 and 3 child care professionals.) *Currently available only in the seven county metro area.*

40-Hour PITC Caregiver Certification Cohort Interested in joining a cohort to learn more about infants and toddlers? Gather with others for a comprehensive study of children age birth to 5 years. We will meet over several weeks at a convenient location. A minimum of ten is needed to hold this series, which is based on materials from the Program for Infant Toddler Caregivers. Upon completion, participants will receive a certificate for 40 hours; all 40 hours are acceptable for licensing and grants. Call or email for pricing and scheduling options. *Currently available only in the seven county twin cities area.*

Other Opportunities

If you have submissions for this category or ETC., please email info@pla-inc.org.

(Download flyers for the following opportunities at www.pla-inc.org.)

Living on Less

The Forest Lake Partnership for Families is again sponsoring this event on Wednesday, August 11 from 11:00 am - 1:00 pm at Maranatha Assembly of God Church in Forest Lake. There are several ways you can help.

Service Providers: Help identify and/or recruit service providers to participate in this event. For more information, please contact Tovah Marek at 651-464-3685 or Tovah.Marek@ysblakesarea.org.

Door Prizes: Help find items for door prizes to be given out the day of the event. For more information, please contact Janet Rosauer at 651-464-5438 or cruzerette@hotmail.com.

School Supplies: Help gather donations of school supplies to be given out at the event (cash and/or supplies). For more information, please contact Krista Armitage at karmitage@forestlake.k12.mn.us or 651-982-3226.

Background notes: School supplies was a major need identified by participants in last year's event (supplies on hand were all given out within the first 40 minutes of the event). Donations of cash to purchase supplies will ensure that we will have the specific items needed by students. In terms of collaborating with other organizations, we are already in contact with Faith Lutheran Church as well as Forest Lake Area Schools staff.

Lunch: Help identify individuals/organizations that might be willing to donate bulk and/or prepared food items to serve for lunch. For more information, please contact Jenny Sheridan at jennifer.Sheridan@co.washington.mn.us or 651-430-8332.

Event Volunteer: Help out on the day of the event (set up, take down, greet people, serve lunch, etc.). Please contact one of the planning group co-chairs (below) or any member of the planning group.

Publicity: Help get the word out about this event through your organization. We will be getting a "Save the Date" notice out sometime during May. For more information, please contact Laurie Drolson at ldrolson@forestlake.k12.mn.us or 651-982-8334.

Activities for Kids: If you have ideas for activities that kids can participate in during the event, especially activities related to fitness and/or safety, please contact one of the planning group co-chairs (below) or any member of the Living on Less planning group.

Carolyn Carr Latady, 651-982-8350
Laurie Drolson, 651-982-8334
Tovah Marek, 651-464-3685

Prescription and Over-the-Counter Drug Use Jay Jaffee, Chemical Health Coordinator from the MN Department of Health will present at Children's Home Society and Family Services (1605 Eustis Street St. Paul, MN) on Friday, June 25 from 1:00 PM – 3:00 PM. Find more information at www.mnyipa.org or www.kidschange.org or 888.945.9472.

PLA-INC.ORG

The seminar schedule is updated throughout the month, so be sure to check it often for seminars and events that may have missed the newsletter's publication date.

Etc.

Recalls The U.S. Consumer Product Safety Commission (CPSC) has announced several recalls.

Call (800) 638-2772 for information on these recalls. (www.cpsc.gov) You can search by product, date, company, hazard, or category.

Endangered Species Day Endangered Species Day is May 21 and is an opportunity to learn about the importance of protecting endangered species and everyday actions that can help protect our nation's wildlife and open spaces. An Endangered Species Day Toolkit, educational materials and more are available online. To learn more, visit: <http://www.stopextinction.org/esd/197-esd-toolkit.html>

Depression Awareness Here is a resource that may be helpful to caregivers. It provides interesting perspectives on depression among caregivers and care receivers. The tip sheets are excellent, too. (Courtesy of www.FamilyMeans.org, Stillwater, MN.) <http://familyaware.org/podcasts/podcasts.php#jane>

Information on Teens and Marijuana Use

<http://www.theantidrug.com/resources/teen-marijuana.aspx>

Information Request Email or call us if you would like more information about any of our programs or services.

40-Hour PITC Caregiver Certification Cohort; CPR and First Aid Seminars on the Road; Consulting; Seminars on the Road; Mentoring; CDA Advisor Observation Appointments. If you have suggestions, send them in!

And, once again, thank you for your support!

Be among the first 5,000 to download this free toolbar. Once GoodSearch has given away a total of \$5,000, the contest ends. So don't delay! Please do this today.

<http://www.goodsearch.com/toolbar/professional-learning-alternatives-pla>

To register for PLA-INC. seminars visit www.pla-inc.org or call 651.464.8777.



Registration Form

Please note seminar dates. Payment is required prior to each seminar. Thank you.

Please print

(Please use a separate form for each person.)

Name _____

Address _____

City _____ State _____ ZIP _____

County (Work) _____ Email _____

Daytime Phone () _____ Evening Phone () _____

Facility Name _____

Name of Seminar	Date	Cost of Seminar	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	TOTAL \$ _____

You have several options to register:

- 1). Mail Registration Form and check payable to: [PLA-INC.](#), 8244 177TH Lane, Forest Lake, MN 55025.
- 2). Fax completed Registration Form and credit card information to 651.286.0885.
- 3). Call 651.464.8777 with contact and seminar information, credit card number, expiration date, and CVV code.
- 4). Register online at www.pla-inc.org. Click on Seminar Schedule, then on registration link for your seminar.

Credit Card: **Visa** **Master Card (circle one)**

Print name (exactly as on card) _____

Address (if different from above) _____

Card # _____ **Exp. Date:** _____ **CVV Code:** _____

Signature _____ **TOTAL: \$** _____

Cancellation and Refund Policy Cancellation and Refund Policy

Register at least 3 business days in advance to ensure enrollment. Payment must accompany registration. In the event of cancellation, you will be notified and your funds will be held for a future seminar. No credits will be issued for seminars without 24 hours notice by participant. Refunds are provided only in the form of credits for future seminars. A minimum number of participants is required to hold the seminar. In addition, without advance registration, you will not be personally notified of changes or cancellations. Changes are also noted on the Seminar Schedule page of our website, www.pla-inc.org. If you have questions regarding your seminar, you are encouraged to contact our office.

